

**CLEAR YOUR THIRD
EYE CHAKRA TO BUILD
WEALTH**



Introduction

The third eye chakra is the sixth chakra of the seven main energy centers in your body. It impacts the ability to tap into your intuition. When you make intuitive decisions, you are better able to attract positive energy flow. As money is energy, a balanced third eye chakra can increase your potential to build wealth.

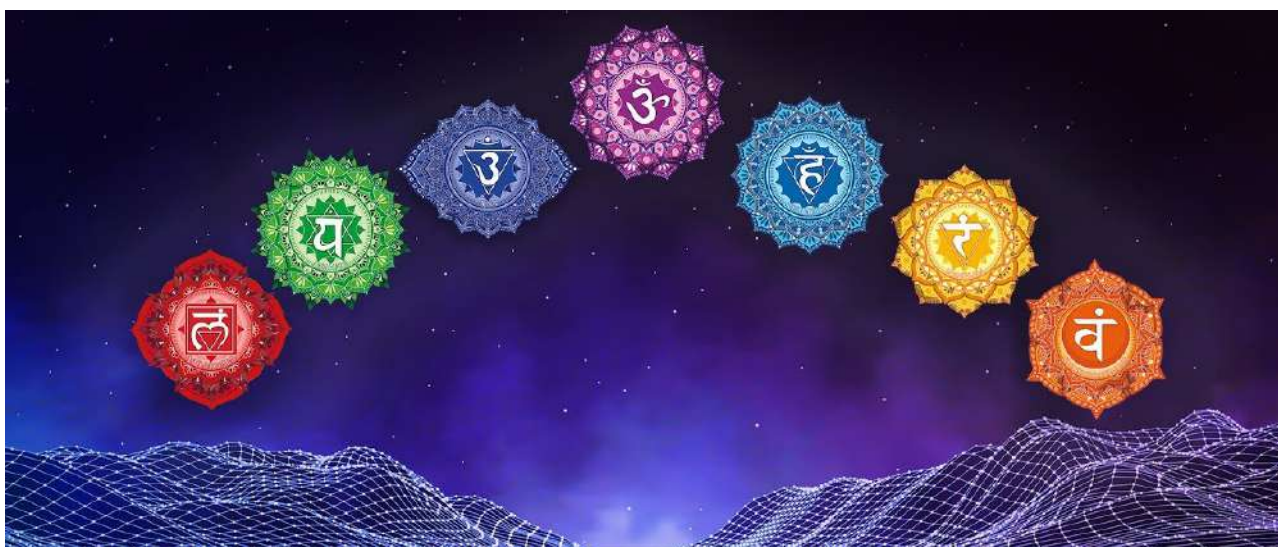
Chakras are energy centers.

The chakras spin in a column from the crown of the head to the tailbone. Each time your meridians cross, that junction is called a chakra. The seven main chakras are energetic centers located at your endocrine glands.

The lower three major chakras are considered masculine in nature and call us to action. They help to ground us and are usually concerned with the material world.

The upper three major chakras are feminine in nature and are associated with self-reflection and the spiritual aspects of life. It is important that each chakra be balanced in relationship to each other.

When your chakras are balanced, energy is able to freely flow through your energetic system. Having balanced chakras impacts your aura, your energetic field. A balanced and cleansed aura will allow you to attract positive energy.



How does the third eye chakra impact money flow?

When you use your intuitive senses, you are better able to make accurate decisions and evaluations. Having clarity in your choices and actions can help you in your career and business. In turn, this impacts your ability to give and receive money.

Being able to listen to your intuition can help you raise your vibrational frequency and align with your soul purpose. Also, when you raise your vibrations, you are better able to attract positive outcomes. How so?

Energy flows where intention goes.

When you raise your energetic vibrations through living in alignment with your higher self, you are better able to attract what you need for your highest good.

When the third eye chakra is clear, you often have a clear sense of direction in everything that you do. When imbalanced, you may be indecisive and unconfident about decisions.



Is your third eye chakra being blocked?

Constantly having buyer's remorse? Always unsure when it comes to making financial decisions?

Blocks in the sixth chakra can affect your ability to have clarity around financial decisions. Thus, the blocks can negatively impact your path to financial freedom.

Limiting beliefs around money, negative emotions, unhealthy foods, and lack of exercise can adversely impact the chakras. The long term effects could lead to mental, emotional, and physical imbalances or blocks in the chakras.

Assess your money history to identify blocks

Growing up, my parents fought about money all the time.

We lived paycheck to paycheck...barely. So most of my adult life, I viewed money as a sensitive and negative topic.

It took me a while to build confidence around my personal finances.

In fact, it's still an ongoing practice to bust through limiting beliefs around money. Developing an abundance mindset can be a lifelong learning process even if it just takes a few steps.

How to clear the third eye chakra to attract wealth:

To balance your chakras, you can incorporate simple steps throughout your busy day... even if you only have minutes to spare.

By consistently taking small steps to balance your chakras, you'll not only be able to clear blocks, but also raise your vibrations to attract abundance.

There are numerous ways to balance and clear your third eye chakra. This includes eating foods associated with the colors of the chakra to practicing yoga where particular poses help to open up the chakra.

Reflect on the following questions to assess your third eye chakra:

1. Do you have beliefs around money that hinder your financial goals?
2. Do you spend mindfully or do you tend to make impulse purchases?
3. What small steps can you do to track your money habits that will help improve your net worth?

Yoga poses and sequences can open and align the energy centers of the body.

A well-tuned asana practice can free up energy and stimulate imbalances in the energy centers. This provides a sense of balance, grounding, and calmness in life off the yoga mat.

Child's pose, savasana and archer's pose are a few of the many yoga exercises that help to open up the third eye chakra. Here are more yoga pose suggestions to balance all the chakras.

Daily activities to clear the third eye chakra:

1. Visualization exercises: Close your eyes and imagine yourself having achieved your financial goal.

2. Journal. Clear your head in order to get creative about building wealth.

3. Wear indigo. The color is associated with the third eye chakra, to open up your intuitive channel.

What's the best way to clear blocks getting in your way of being in the energetic flow?

Align yourself to vibrate at the frequency of where you want to be in your finances. By incorporating a holistic approach, you are better able to raise your vibrations to attract financial abundance.

How often should you clear your chakras?

Just like maintaining a clean home and work environment, your chakras need to be maintained too! Another analogy would be like taking a shower or brushing your teeth. If you don't do it consistently, the bad unwanted stuff builds up.

Our physical bodies have a way of telling us when it's time for some in house cleaning. Whether it's a cold or canker sore, it's best to listen to our bodies and recognize it may be time to clear each of the chakras.

Like maintaining a clean home, you need to keep up with cleaning the kitchen, bathroom, and so forth. This way, you can have a more relaxing space to manifest and keep your vibrational frequency high.

Attracting Wealth Through “The Money Meditation”

“The Money Meditation” is one of the easiest ways to strengthen your Third Eye while channeling wealth and abundance.

This meditation allows you to align with the enormous powers of Universe. You can learn to put the Universal Laws, especially the Law of Attraction, in a manner of action, which can benefit you and your loved ones in the best financial ways possible.

While meditating, your mind will be free from the noise and distraction of the outside world. It will also help you visualize bringing money, abundance, wealth, and success into your life.

Not only will a Money Meditation help you manifest your deepest desires, it can also help you discover any blocks to achieving abundance in your life.

These blocks to abundance may come from past life events, negative experiences with money, or even negative energy from other people or traumatic situations.

Here are the steps to practicing The Money Meditation:

1. Find a quiet corner where you can sit, relax, without being disturbed.
2. Close your eyes and take 5 deep breaths.
3. Feel your entire body relax and allow your mind go quiet.
4. Focus on your Third Eye, located right in the middle of your forehead directly between your eyebrows. Imagine pressure building in this spot, heralding the activation of your Third Eye.

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5. Visualize yourself being happy and carefree, surrounded by the things you want to have in life. If you want to have a new home, envision living in your dream house. If you want wealth, imagine holding the money in your hands.
 6. In your mind's eye, see all the things you want and need in your life. Imagine that you are enjoying all these things.
 7. Take a deep breath and visualize these words in your mind's eye- "Wealth, abundance, prosperity".
 8. Take 5 deep breaths and then open your eyes.

You can do this for as little as 5 to 10 minutes a day or even longer if you like. Remember, visualize everything you want, make it as detailed as possible, and most importantly, believe in everything that you see.



Claiming Your Third Eye Gifts Starting Today

Aside from receiving pure and actual wealth, there are many gifts, which come naturally with your Third Eye, but it may take an observant eye to see these them at work in your life.

Gift of Information

Information is the most expensive thing your Third Eye can give to you.

Some of the things you can learn through your Third Eye are priceless, which will be impossible to discover using your usual physical senses.

You can use the information to your advantage – some information can make you rich and successful and some can make your life better and happier than ever before.

Gift of Opportunities

If you ask me, the Gift of Opportunities is as good as cash. Your Third Eye can attract different kinds of opportunities to your life.

You can have the opportunity to have a good start in a business.

You can have the opportunity for a higher position and a better pay at your work.

You can have the opportunity to find love while enjoying an exciting and lavish lifestyle.

In essence, unlimited wealth presented by your Third Eye doesn't automatically correspond to suddenly having tons of cash. The Universe might be giving you all the wealth and gifts you need, you're just not aware of it yet.

Having the power to attract wealth through your Third Eye is a very exciting ability. Not only will you be able to channel abundance for your needs and wants, but imagine having a life free from the stress and anxieties of working yourself to the ground.

These gifts come naturally to your Third Eye chakra. Needless to say, it would be a shame not to use all these gifts the Universe has handed to you.

I'm not going to lie - it may take a lot of conditioning and meditating. In most occasions, the Third Eye has weakened from the years of not being used and may also take a long time to awaken.

But, one thing's for certain, once you recognize the impact utilizing your Third Eye money magnet can bring to your finances, you'll wonder why you never learned to use it to draw wealth sooner!

